First Days Project
Information Form and Checklist

Please make sure to gather the following from your participant:

- First Name (required)
- Last Name (required)
- Email Address (required)
- City and Country of Departure (required)
- City and State of Arrival (required)
- Arrival Year (required)
- Age at Time of Arrival (optional):

Enter the above information and upload the following items to the First Days Project website [story submission form](#):

- ☐ Audio Recording File (required)
- ☐ Written Consent Form (required)
- ☐ Photograph of them from their first days (preferred, but not required)